



# GRANITE TRACK & FIELD

## For Boys & Girls ages 7 & 8



Track & field has a long history in Exeter, striving to promote youth physical fitness and provide fun learning experiences for children 7 & 8. Youth track & field is a great way to get kids started in a physical fitness program. Join us as we help kids discover their potential, make new friends, and gain newfound self-confidence. Every child is a winner with track & field games!

**Registration:** Registration begins **Monday, February 12, 2024**. Registrations are accepted at the Exeter Recreation Office during our business hours, in-person, on-line, by phone, or Mail. Payment must be paid at the time of registration.

Age (as of December 31, 2024)	Resident Fee	Non-Resident Fee	Resident Fee after 4/12	Non-Resident Fee after 4/12
7-8	\$70.00	\$80.00	\$80.00	\$90.00

**Competitor Categories:** Competitor categories are as follows: Boys, ages 7-8. Girls ages 7-8.

**Deadline:** The deadline to register for this program is **Friday, April 12, 2024**. Please make check payable to E.P.R.D. Visa, MasterCard, Discover, Apple Pay & Google Pay accepted. There will be a \$20.00 fee charged for each returned check.

**Practice Schedule & Important Dates:** April 29 – June 13, 2024; Monday & Thursday, 6-7:30 pm @ the Exeter High School 1 Blue Hawk Dr. Exeter, NH. The Town Track Meet will be held on June 6<sup>th</sup> from 6pm-7:30pm.

**Note:** Schedule updates/changes will be sent via e-mail, please confirm your e-mail address on file.

### RULES

1. Competitors in the 7/8 age group only participate in the Town Meet (June 6, 2024).
2. The only restriction for participation is age – participants must be between 7 and 8 years old as of December 31, 2024.
3. Competitors will determine which age groups to enter by calculating their age as of December 31<sup>st</sup>, 2024.

Competitors can compete in a maximum of 2 running events and 1 field event or 2 field events and 1 running event per person at the town track meet.

### BOYS

#### Ages 7 – 8

1. 50 Meter Dash
2. 100 Meter Dash
3. 200 Meter Dash
4. 400 Meter Dash
5. Standing Long Jump
6. Softball Throw

### GIRLS

#### Ages 7 – 8

1. 50 Meter Dash
2. 100 Meter Dash
3. 200 Meter Dash
4. 400 Meter Dash
5. Standing Long Jump
6. Softball Throw

**EXETER PARKS & RECREATION DEPARTMENT**

32 Court Street, Exeter, NH 03833

Phone: 773-6151

Website: <http://exeternh.gov/recreation>

Business Hours: Monday – Friday, 8:15am - 4:15pm