



 Lots of walking  
potential for stairs and uneven ground

# Cabbage Island Clambake

Wednesday, August 14, 2024



**EVENT:** A succulent feast of Maine lobsters and clams with all the traditional fixing's await you! Cabbage Island has been the home of traditional clambakes since 1956, and your hosts, the Moore family cordially welcome you to experience this "Downeast" tradition! Our clambake adventure begins with a scenic tour of Boothbay Harbor aboard the Bennie Alice, in route to Cabbage Island in the Linekin Bay. The original Downeast Clambake of Boothbay Harbor is cooked in seaweed, steamed from top to bottom, covered with tarpaulins and rocks in order to capture all the flavor and sweetness of fresh Maine lobsters and clams. This authentic meal includes a steaming cup of traditional New England fish chowder, two luscious bright red lobsters, tender white steamed clams, corn on the cob, and Maine potatoes. Save room for dessert for their famous Blueberry cake with hot fresh coffee or iced tea. With our bellies full, we'll jump back on the Bennie Alice, cruising along the quaint and picturesque coastline where we could see some seals, lighthouses, ospreys, or fisherman checking their traps! Please note, this is a 3-hour trip to Boothbay Harbor, we will make one stop half way there and one stop back to use the rest rooms.

Note: For those that do not like lobsters, an oven roasted half chicken is an option.

**DATE:** The date selected is Wednesday, August 14, 2024. We will depart the Exeter Recreation Center parking lot at 9:00am and will be returning to Exeter at approximately 7:00pm

**FEE:** The fee is \$100 for residents and \$125 for non-residents, which includes your cruise to/from Cabbage Island, the Downeast Clambake meal, and transportation in the Recreation Department's van.

**DEADLINE:** The deadline to register is Friday, August 9, 2024 or once the van is sold out.

**Note: We need a minimum of 8 people registered for this trip. Maximum is 12.**

**REFUNDS:** No refunds after tickets/reservations have been purchased unless we can find a replacement for your spot in the program.\*

\*Medical Injury/Illness Policy: If there is a medically documented injury/illness we will prorate a refund after we receive written medical varication from your physician which must be received prior to the trip.

**GUIDELINES:** Registrants must sit in the same seat(s) on the return trip as they sat in on the first part of the trip. If you have a need requiring you to sit in a particular area, please let the Recreation Office know when you register for the trip. The staff will relay to the trip escort that he/she needs to be sure you get the necessary seat. **Parents** are expected to have complete control of their children at all times throughout the trip.

Exeter Parks & Recreation Department sponsored trips are designed to provide members of the Exeter Community - families, friends, and individuals alike - with safe, relaxing and enjoyable sports and entertainment experiences. To ensure these goals, the Exeter Parks and Recreation Department has established a policy of prohibiting the possession and use of alcohol and other drugs while on board. In addition, for the health and comfort of all travelers, smoking (in any form) is also prohibited. Your cooperation in adhering to these policies is greatly appreciated.

**PLEASE MAKE YOUR CHECK PAYABLE TO THE EXETER RECREATION DEPARTMENT. REFUNDS WILL BE GIVEN IF THE EVENT IS CANCELLED BY THE VENUE, WEATHER OR WE DID NOT MEET MINIMUM REGISTRATIONS. THERE WILL BE A \$20 FEE CHARGED FOR EACH BANK RETURNED CHECK.**

**EXETER PARKS & RECREATION DEPARTMENT**  
**32 COURT STREET, EXETER, NH 03833**  
**PHONE: (603) 773-6151**

**Website: [www.exeternh.gov/recreation](http://www.exeternh.gov/recreation)**  
**Business Hours: Monday - Friday, 8:15am - 4:15pm**