

# After School REC-Time

Join the Exeter Parks and Recreation Department this Fall for some **REC-Time!** After you finish your remote learning day hang out with the Parks and Rec staff! We will be offering arts & crafts classes, GymTime 2.0, Trail Exploration, and more! The goal is to socialize with friends and have fun while in a safe environment. Programs will be scheduled each afternoon from 3 - 4:30 PM and are priced at a discount so families can sign up for more than one day! Families will be asked health screening questions at the start of each day and all staff will follow the necessary health and safety guidelines for each activity. For more individual information and prices please check the see check out the next page for individual descriptions. Join Exeter Parks and Recreation this Fall to make memories to last a lifetime!

## REC-Time Schedule

Programs begin the week of 9/21

Location	Mondays 3-4:30 PM	Tuesdays 3-4:30 PM	Wednesdays 3-4:30 PM	Thursdays 3-4:30 PM	Fridays 3-4:30 PM
Rec Park Field 1	Gym Time 2.0 Grades 3-4 \$50 for 7 weeks Min: 8/Max: 14	Run Club Grades 3-5 \$50 for 7 weeks Min: 4/Max: 12	Gym Time 2.0 Grades 1-2 \$50 for 7 weeks Min: 8/Max: 14	Trail Exploration Grades 5-8 \$50 for 7 weeks Min: 4/Max:16	Gym Time 2.0 Grades 1-2 \$50 for 7 weeks Min: 8/Max: 14
	Gym Time 2.0 Grades 5-6 \$50 for 7 weeks Min: 8/Max: 14		Gym Time 2.0 Grades 5-6 \$50 for 7 weeks Min: 8/Max: 14		Gym Time 2.0 Grades 3-4 \$50 for 7 weeks Min: 8/Max: 14
Rec Building Lrg Room	Lego Challenge Grades 1-2 \$55 for 8 week Min: 4/Max:9	Creative Explosion Grades 1-2 \$75 for 8 weeks Min: 4/Max: 9	Lego Challenge Grades 3-4 \$55 for 8 week Min: 4/Max:9	Creative Explosion Grades 3-4 \$75 for 8 weeks Min: 4/Max: 9	Creative Explosion Grades 5-6 \$75 for 8 weeks Min: 4/Max: 9

### Run Club

(Grades 3-5)

**Instructor: David Tovey & Rec Staff**

This program is for children who want to join an active, healthy group of students who enjoy running, walking, jogging and improving their physical fitness. Each week we will map out a route that is safe and appropriate for the group's fitness level. Work on your technique, increase your flexibility and have fun running with friends.

**Location: Recreation Park**

**Times: 3:00 - 4:30 PM**

**Days: Tuesdays**

**Dates: 9/22 - 11/3**

**Cost: \$50 (7 weeks)**

**Min: 4/Max: 12**

### Exeter Trail Exploration

(Grades 5-8)

**Instructor: David Tovey, Rec Staff & Trails Committee**

Earn your, 'Trail Challenge' sticker with us as we explore different local trails such as: Fresh River Trail, Jolly Rand Trail, Oaklands Trail and more! Guided hikes will be easy to moderate difficulty and participants are encouraged to wear appropriate hiking clothing and bring water.

**Location: Drop Off Each Week at New Trail**

**Times: 3:00 - 4:30 PM**

**Days: Thursdays**

**Dates: 9/24 - 11/5**

**Cost: \$50 (7 weeks)**

**Min: 4/Max: 16**

## Creative Explosion

(Grades 1-2; 3-4; 5-6)

**Instructor: Melissa Roy**

Love to create things and get messy doing so? Then this program is for you! Each week we will spend time creating a fun new project using all kinds of mixed media. The projects will be age appropriate and there will be something to take home each week.

**Location: Recreation Building, Upstairs Large Room**

**Times: 3:00 - 4:30 PM**

**Days:**

**Grades 1-2: Tuesdays**

**Grades 3-4: Thursdays**

**Grades 5-6: Fridays**

**Dates:**

**Tuesday Classes: 9/22 - 11/10**

**Thursday Classes: 9/24 - 11/12**

**Friday Classes: 9/25 - 11/13**

**Cost: \$75 (8 weeks)**

**Min: 4/Max: 9**



## Lego Challenge

(Grades 1-2; 3-4)

**Instructor: Rec Staff**

Do you spend your days building cool lego creations? Join us each week as we take on a new lego challenge. At the start of each class we will discuss the challenge and any rules to the challenge. Then we will spend time building to meet the parameters of the challenge. Pictures will be taken each week to send to parents so they can see what was built. Please send your child with their own large bag/box of legos. Do to COVID-19 children will not be able to share legos. If you do not have legos we will have a few sets for people to borrow. Please let us know when you register if your child will need legos.

**Location: Recreation Building, Upstairs Large Room**

**Times: 3:00 - 4:30 PM**

**Days:**

**Grades 1-2: Mondays**

**Grades 3-4: Wednesdays**

**Dates:**

**Monday Classes: 9/21 - 11/16 (No class 10/12)**

**Wednesday Classes: 9/23 - 11/18 (No class 11/11)**

**Cost: \$55 (8 weeks)**

**Min: 4/Max: 9**



## Gym Time 2.0

(Grades 1-2; 3-4; 5-6)

**Instructor: David Tovey and Rec Staff**

Need to get some energy out after a long day of remote learning? Each week participants will play a different game, sport or activity while learning the rules and having fun with friends. Games will be age appropriate and not too sophisticated. Capture the flag, kick ball, lawn games, gaga ball and more will be played throughout the program. This is a co-ed program.

**Location: Recreation Park Field 1 & 2**

**Times: 3:00 - 4:30 PM**

**Days:**

**Grades 1-2: Wednesdays or Fridays**

**Grades 3-4: Mondays or Fridays**

**Grades 5-6: Mondays or Fridays**

**Dates:**

**Monday Classes: 9/21 - 11/9 ( No class 10/12)**

**Wednesday Classes: 9/23 - 11/4**

**Friday Classes: 9/25 - 11/6**

**Cost: \$50 (7 weeks)**

**Min: 8/Max: 14**

