



Virtual 2020

SANCHIN-RYU KARATE



ABOUT SANCHIN-RYU KARATE:

For more than 40 years, Sanchin-Ryu Karate has taught its peace-seeking approach to karate. Sanchin-Ryu was founded with one vision: To provide people of all ages and backgrounds the opportunity to experience the benefits of a traditional martial art in a safe, positive, non-competitive environment. Through the decades we have not only stayed very true to our original philosophy, but we also have made our outstanding instruction affordable; two to ten times less expensive than the average martial art school in America.

VIRTUAL INTRODUCTION TO SANCHIN RYU KARATE FOR FAMILIES and INDIVIDUALS

A great Parent AND Child program for ages 5 & up! It's like paying for two and having the rest of the family come free! Set in a fun, non-competitive and informative atmosphere, this program allows parents to learn alongside their children. Physical techniques, drills and exercises help you have a positive experience with your self-defense education.

Class is instructed by Master Chris Yonker who has studied for over 30 years and holds the rank of 7th Degree Black Belt.

Zoom link will be sent once registered

VIRTUAL SANCHIN RYU FOR STUDENTS PURPLE BELT AND UP

Class is instructed by Master Chris Yonker who has studied for over 30 years and holds the rank of 7th Degree Black Belt.

Zoom link will be sent once registered

Mondays: November 2 nd – November 23 rd , 2020		
Classes	Time	Fee
Introduction	7:00-8:00PM	\$40.00 p/p
Family	7:00-8:00pm	\$85.00
Tuesdays: October 20 th – December 15 th , 2020		
Classes	Time	Fee
Purple Belt and Up	7:00-8:00pm	\$40.00 p/p
Family	7:00-8:00pm	\$85.00

FEE: The cost is per person or per family, per session. Please make your check payable to E.P.R.D. Visa and MasterCard accepted. Sorry, no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

EXETER PARKS & RECREATION DEPARTMENT
 32 Court Street, Exeter, NH 03833
 Phone: 773-6151; Fax: 773-6152
 Website: <http://exeternh.gov/recreation>
 Business Hours: Monday–Friday, 8:15am – 4:15pm