



## Fall 2026 FIRST KICKS SOCCER Children - Ages 4 & 5 League Sponsored by:



**PROGRAM:** A Coed Youth Soccer program for ages 4 and 5! The goal for this age group is to introduce them to the basic concepts of soccer (dribbling, kicking, running, scoring goals!), help them improve their social skills, and most importantly...Have Fun! This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids! This 60 Minute program will consist of a 30-minute practice followed by a 30-minute scrimmage. First kicks will meet Saturday's between 9am-11am at Recreation Park.

Being a soccer coach for this age group does not require soccer skills. All you need is a positive attitude, a willingness to be silly (even at the expense of embarrassing yourself), and of course a little patience.

**AGE REQUIREMENT:** Participants must be 4 by September 12, 2026 no exceptions.

**REGISTRATION:** Registration begins Wednesday, July 15th, 2026. Registration is open to residents of Exeter and surrounding towns, on a first-come, first-served basis. Registrations accepted at the Recreation Office during our business hours, on-line, mail or by phone. Payment must be paid at the time of registration. The Exeter Parks and Recreation Department reserves the right to limit registration and participation in any program. Exeter Parks & Recreation also reserves the right to effect other changes in the program, including but not limited to date and time changes, registration limits, and others, as may be required. **We do not take requests for your child to be placed with a specific team, player & or coach. If a parent volunteers to coach, your child will be placed on the same team that you will be coaching.**

**LOCATION:** The program will be held on Saturday Mornings at the Recreation Park on Hampton Road.

**FEE:** The cost of this program includes a Soccer Jersey for each participant. Please make your check payable to E.P.R.D. Visa and MasterCard accepted. Sorry, no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

| Saturday's September 12 <sup>th</sup> –<br>October 24 <sup>th</sup> , 2026 (No games<br>Columbus Day Weekend) | Resident Fee | Non-Resident<br>Fee | Resident Fee<br>after 8/9 | Non-Resident<br>Fee after 8/9 |
|---------------------------------------------------------------------------------------------------------------|--------------|---------------------|---------------------------|-------------------------------|
| Ages 4 & 5                                                                                                    | \$70.00      | \$80.00             | \$80.00                   | \$90.00                       |

**DEADLINE:** The Deadline to register for this program is **Friday, August 21st, 2026 at 4:30pm.** Late registration is on a first-come, first-served basis pending team availability.

**REFUND POLICY:** Refunds will not be given after the registration deadline, unless injury, serious illness, or we can fill your child(s) spot from someone on our waitlist.

**REFUND GRIEVANCE:** A written letter can be sent to the Recreation Advisory Board to be discussed at their next meeting if you feel there is an issue with a refund. All letters should be sent Attn: Greg Bisson, Director of Parks and Recreation Advisory Board 10 Hampton Road, Exeter NH 03833

**VOLUNTEER COACHES:** There is a NO FEE to coach. Coaches are necessary for the successful operation of this program. Please know that you will need to indicate on the registration as to whether you can coach. Volunteers Coaches are required to complete a background check. Coaches must pre-register and complete all required paperwork. Coaches will receive a coach shirt from EPRD.

**WEATHER:** All games will be played on Saturdays. **In the event of inclement weather for games, please contact the coach of your child's team.**

**UNIFORMS:** The uniforms are for the students to keep at the end of season. **THESE UNIFORMS ARE TO BE WORN FOR ALL THE GAMES.** For your child's protection, **SHIN GUARDS AND MOUTH GUARDS ARE REQUIRED FOR ALL PLAYERS!** Shin guards and mouth guards are available at most local department or sporting goods stores. Cleats are strongly encouraged.

**PARENTS/COACHES:** For your child's safety, players may not wear jewelry of any kind or watches. Please report any injuries to the Exeter Parks & Recreation Department within 48 hours of occurrence.

**CONDUCT/LANGUAGE RULE:** Players, coaches, parents and spectators must refrain from use of any in- appropriate language and/or actions and/or gestures or other inappropriate conduct while at any EPRD program, facility, or function. This includes but is not limited to ALL YOUTH SPORT PROGRAMS. **PLEASE NOTE: Any conduct by a parent, coach or spectator deemed inappropriate at any time during the season may result in immediate dismissal from the premises and program. Please see our website for our *Zero Tolerance Policy*.**

**EXETER PARKS & RECREATION DEPARTMENT**  
**10 Hampton Road, Exeter, NH 03833**  
**Phone: 773-6151**  
**Website: [www.exeternh.gov/recreation](http://www.exeternh.gov/recreation)**  
**Business Hours: Monday - Friday, 8:15am - 4:15pm**