



2023 FIRST KICKS SOCCER Children - Ages 4 & early 5 Years Old



League Sponsored by:



PROGRAM: A Coed Youth Soccer program for ages 4 and early 5! The goal for this age group is to introduce them to the basic concepts of soccer (dribbling, kicking, running, scoring goals!), help them improve their social skills, and most importantly...Have Fun! This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids! This 60 Minute program will consist of a 30 minute practice followed by a 30 minute scrimmage. First kicks will meet Saturday's between 8am-12pm at Recreation Park.

Being a soccer coach for this age group does not require soccer skills. All you need is a positive attitude, a willingness to be silly (even at the expense of embarrassing yourself), and of course a little patience.

AGE REQUIREMENT: Participants must be 4 or early 5 by September 1, 2023.

REGISTRATION: Registration begins Monday, July 17, 2023. Registration is open to residents of Exeter and surrounding towns, on a first-come, first-served basis. Registrations accepted at the Recreation Office during our business hours, on-line, mail or by phone. Payment must be paid at the time of registration. The Exeter Parks and Recreation Department reserves the right to limit registration and participation in any program. Exeter Parks & Recreation also reserves the right to effect other changes in the program, including but not limited to date and time changes, registration limits, and others, as may be required. **We are no longer taking requests for your child to be placed with a specific team, player & or coach. If a parent volunteers to coach, your child will be placed on the same team that you will be coaching.**

LOCATION: The program will be held on Saturday Mornings at the Recreation Park, 4 Hampton Rd, Exeter.

FEE: The cost of this program includes a Soccer Shirt for each participant. Please make your check payable to E.P.R.D. Visa and MasterCard accepted. Sorry, no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

We offer a \$10 discount on registration fee if you volunteer to coach your son or daughter's team. The leagues cannot happen without our coaches! Coaches are required to complete a background check

Saturday's September 9 th – October 21 st , 2023	Fee on or before 8/25	Fee after 8/25
Ages 4 & Early 5	\$60.00	\$70.00

DEADLINE: The Deadline to register for this program is **Friday, August 25, 2022 at 4:15pm.** Late registration is on a first-come, first-served basis pending team availability.

LEAGUE SPONSORSHIP: You can sponsor an entire League. Your sponsor's logo will go on the back of team shirts, registration forms and our website. The deadline to sponsor a league is July 28th, 2023.

EPRD reserves the right to reject a sponsor that we feel may be inappropriate. Sponsors are accepted upon a first-come first-served basis. Number of teams will be determined upon deadline. Please complete sponsor application if you are interested.

EXETER PARKS & RECREATION DEPARTMENT
32 Court Street, Exeter, NH 03833
Phone: 773-6151

Website: www.exeternh.gov/recreation
Business Hours: Monday - Friday, 8:15am - 4:15pm

VOLUNTEER COACHES: There is a NO FEE to coach and coaches receive a \$10 discount on their child's registration. Coaches are necessary for the successful operation of this program. **Please know that you will need to indicate on the registration as to whether you can coach. Volunteers Coaches are required to complete a background check.** Coaches must pre-register and complete all required paperwork.

TEAM DIVISIONS: All games will be played on Saturdays. **In the event of inclement weather for practice sessions and games, please contact the coach of your child's team.**

REFUND POLICY: Refunds will not be given after the registration deadline, unless injury, serious illness, or we can fill your child(s) spot from someone on our waitlist.

REFUND GRIEVANCE: A written letter can be sent to the Recreation Advisory Board to be discussed at their next meeting if you feel there is an issue with a refund. All letters should be sent Attn: Greg Bisson, Director of Parks and Recreation Advisory Board 32 Court Street, Exeter NH 03833

UNIFORMS: **The uniforms are for the students to keep at the end of season. THESE UNIFORMS ARE TO BE WORN FOR ALL THE GAMES.** For your child's protection, **SHIN GUARDS ARE REQUIRED FOR ALL PLAYERS!** Mouth guards are recommended. Shin guards and mouth guards are available at most local department or sporting goods stores. If the weather is cooler, students may wish to wear sweat clothes OVER their uniform for easy on/off. If they wear sweats under the uniform, they risk sweating & over-heating to the point that the sweat clothes will not serve to keep them warm while off field.

PARENTS/COACHES: For your child's safety, players may not wear jewelry of any kind or watches. If earrings must stay in you must cover them with medical tape before playing. Please report any injuries to the Exeter Parks & Recreation Department within 48 hours of occurrence.

CONDUCT/LANGUAGE RULE: Players, coaches, parents and spectators must refrain from use of any in- appropriate language and/or actions and/or gestures or other inappropriate conduct while at any EPRD program, facility, or function. This includes but is not limited to ALL YOUTH SPORT PROGRAMS. **PLEASE NOTE: Any conduct by a parent, coach or spectator deemed inappropriate at any time during the season may result in immediate dismissal from the premises and program. Please see our website for our *Zero Tolerance Policy*.**