



## INDOOR GROUP WALK & TALK AT PHILIP EXETER'S FIELD HOUSE



**PROGRAM:** Join Exeter Parks & Recreation for our weekly, indoor walks at Philip Exeter Academy's Field House. PEA has generously allowed us to use their indoor walking track to help keep our community moving! This is a great program for those looking to stay active and socialize with friends. No food or drink (other than water) is allowed in the field house. Parking is allowed on site (see directions below). We will meet as a group and enter the building together. Participants must sign a waiver to walk inside at PEA.

**REGISTRATION:** Registration is open to Exeter residents and non-residents (age 50+) on a first-come, first-served basis. Registrations are accepted at the Exeter Recreation Office during our business hours, on-line, mail or by phone. Min. 4 Max 30. Late registration is on a first-come, first-basis pending availability.

Dates: December 5 – Mid April 2024 (weather depending)		
Day	Time	Fee
Tuesdays	9:30 – 10:30 am	FREE

**PARKING:** Use the GPS address of 4 Chadwick Lane. Follow the road along the Facilities Management area (on your left). As you approach the OUTDOOR track, the road will turn left at 90 degree – the field house will be the large building straight ahead as you continue on the road. From here, you will turn right into the parking garage under the Field House. Park on the right side of the garage, towards the end of the garage.

**ENTERING THE FIELD HOUSE:** Participants will enter the Field House through the main entrance glass doors. If parking in the garage, use the elevator or stairs to go up one flight to the field house track/main level. EPRD staff will meet participants inside the Field House entrance. Please view reverse page for a map of campus.

EXETER PARKS & RECREATION DEPARTMENT  
32 Court Street, Exeter, NH 03833  
Phone (603) 773-6151  
Website: [www.exeternh.gov/recreation](http://www.exeternh.gov/recreation)  
Business Hours: Monday - Friday, 8:15am-4:15pm

## Accessing the Phillips Exeter Academy Field House Track

### If driving to the track:

Use the GPS address of 4 Chadwick Lane. Follow the road along the Facilities Management area (on your left). As you approach the OURDOOR track the road will turn left 90 degrees – the field house will be the large building straight ahead as you continue on the road, you will turn RIGHT into the parking garage under the Field House. Park on the RIGHT side of the garage and towards the end of the garage. Use the glass vestibule on the RIGHT to enter and use the elevator/stairs to come up ONE flight to the foyer of the indoor track.



4 Chadwick Lane  
Exeter, NH 03833

### If walking to the track:

From Court Street, walk towards the gym area and turn LEFT at the Goel Center for Performing Arts. Follow the hardscape path for a short distance, and enter the glass vestibule to the indoor track.

