



OUTDOOR GROUP WALK & TALK DOWNTOWN EXETER



PROGRAM: Join Exeter Parks & Recreation for our guided walks on Thursdays around the downtown area. We will start our walks from the Parks & Recreation building at 32 Court Street! We will walk as a group to locations like Townhouse Common, Gale Memorial Park, and other locations of interest in the downtown area. Total distance covered will be between 1-2 miles per walk. This program is intended for anyone looking to get outdoors for some light exercise and friendly conversation with EPRD staff and other participants. Outdoor walking not what you're looking for? Well we have indoor walking on Tuesdays from 9:30am – 10:30am at Phillip Exeter Academy's indoor track. See our Indoor Group Walk & Talk information flyer posted on our website and at our office for more information on indoor walking.

REGISTRATION: Registration is open to Exeter residents and non-residents (age 50+) on a first-come, first-served basis. Registrations are accepted at the Exeter Recreation Office during our business hours, on-line, mail or by phone. Max 25. Late registration is on a first-come, first-basis pending availability.

Dates: Begins May 16, 2024		
Day	Time	Fee
Thursdays	9:30am – 10:30am	FREE

PARKING: Parking is available at 32 Court Street. If our lot is full, there is street parking and the municipal parking lot located by Exeter Police and Fire Departments.

EXETER PARKS & RECREATION DEPARTMENT
32 Court Street, Exeter, NH 03833
Phone (603) 773-6151
Website: www.exeternh.gov/recreation
Business Hours: Monday - Friday, 8:15am-4: 15pm