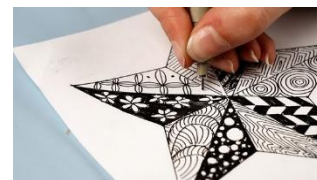




## Beginner Art Relaxation Class

### Adults 50+



**PROGRAM:** One 2-hour class will give you an overview to be able to create beautiful and intriguing pieces of art that are frameable and interesting to view. What appears to be a complicated drawing is broken down into many different small patterns that contribute to a fascinating and complex looking piece of work. No previous art talent is necessary. This process is relaxing and meditative, and you will surprise yourself with the results by the end of the class. Micron pens will be provided as well as watercolor paper, pencil and gum eraser.

**INSTRUCTOR:** Leslie Metzger's goal is to empower students and teach them about the joy of "process" which is why we make art in the first place. Her students will benefit from her personal experience as a late bloomer in the art field. She is able to demystify art supplies from gum erasers to techniques to color and mostly to let go and take chances.

Leslie will also offer a print-making class that is a four-week series, approximately 8 hours of instruction. See our information flyer on the Art of Gel Printing or Mono Printing using acrylic paints, water, stencils and even vegetable matter!

**SUPPLIES:** All materials are supplied by the instructor.

**REGISTRATION:** Registration is open to all age 50+ and over on a first-come, first-served basis. Registrations are accepted at the Exeter Recreation Office during our business hours, online, mail or by phone. Payment must be made at the time of registration. Late registrations are on a first-come, first-bases pending availability. Class size minimum is 4 students, maximum 12 students.

**FEE:** Free for residents or \$5 for non-residents. Please make check payable to E.P.R.D. Visa, MasterCard, Discover and Apple Pay also accepted. Cash is accepted at our registration office as well. Sorry, no refunds unless the program is cancelled or a doctor's note saying you cannot participate in the program. There is a \$20 fee for each returned check.

Dates: April 24, 2025		
Time	Resident Fee	Non-Resident Fee
1:00-3:00pm	\$0.00	\$5.00

**LOCATION:** The program will be held at the Parks & Recreation building in the downstairs room at 32 Court Street, Exeter NH.

**DEADLINE:** The deadline to register for this program is April 18, 2025 or once the program is full.

**EXETER PARKS & RECREATION DEPARTMENT**  
**32 Court Street, Exeter, NH 03833**  
**Phone: 603-773-6151**  
**Website: [www.exeternh.gov/recreation](http://www.exeternh.gov/recreation)**  
**Business Hours: Monday - Friday, 8:15am - 4:15pm**